

# CPNA NEIGHBORHOOD NEWS



Hey Crowley Park Residents,

By the time you read this letter, hopefully, the weather will have cooled a bit and maybe some well deserved precipitation has fallen. The days are getting a little shorter and the angle of the sun tells us the season is changing to some nice fall weather.

Where did the year go? Hopefully you had a chance to make it to the well attended Annual Meeting. This past year CPNA was busy. At this time I want to remind you of a couple of our highlights of the year. In May we honored numerous military veterans with a ceremony and a speech from Rep. Sam Johnson. In addition to the above, CPNA hosted a couple of socials, and a very tasty ice cream social. Finally, this summer the city of Richardson built the monumental signage on Jupiter at Lookout and Jupiter and Renner. These accomplishments would not have been possible without the volunteers that give generously of their time to the Crowley Park Neighborhood Association. Coming up, there will be a fall festival on Saturday, October 17. Do not miss it! Be there or be square!!! Please express gratitude to those volunteers.

## CALLING ALL CROWLEY PARK RESIDENTS!

This next year we are tripling the salaries for all the board members and committee chairs of CPNA and we hope this encourages more volunteers. Oops! I forgot! Volunteers aren't paid anything for their time and work. If you ever wanted to get involved now is the time. If you want to run for President or any of the other Board positions or committee chairs, please do not be bashful. Step up and raise your hand - you will not regret putting your time and effort into CPNA. We've never had a problem with having too many volunteers. No volunteer has ever been turned away. To test the waters come to one of the Board Meetings that are held about every 4 to 6 weeks depending on the activities and season of the year. Watch "Nextdoor Crowley Park" for announcements. Do not hesitate to contact any of the officers or board members to volunteer.

**GET INVOLVED WITH CPNA...WHERE YOU WILL MEET FRIENDS YOU NEVER KNEW YOU HAD AND YOU MIGHT HAVE SOME FUN!**

See you around the neighborhood and please support all of our generous advertisers and supporters. Without them it would be a challenge to produce the newsletter four times a year.

From the bottom of my feet

Sincerely,

Your "I'm all you got" CPNA President Terry Ziegler

*P.S. Know what kind of music the planets like????.....Nep-tunes!?!?!? ....*

## UPCOMING EVENTS

### Fall 2015

#### CPNA Fall Festival

October 17



#### Huffhines Art Trails

October 24-25



### Winter 2015

#### Christmas Parade

December 5

#### Santa's Village

December



# CPNA 2015 ANNUAL MEETING

## CPNA Officers

### President:

Terry Ziegler  
terryziegler@zieglers.com

### V. President:

Bill Kinder  
wjkind@att.net

### Treasurer:

Sharol Clark  
sharolclark@sbcglobal.net

### Secretary:

Dot Pitts  
dotpitts@gmail.com

The 2015 CPNA Annual Meeting was held on September 29 at Woodcreek Church on Renner Road. Around 175 of people were in attendance to hear the presentations from Mayor Paul Voelker, Mayor Pro-Tem Mark Solomon, First Assistant City Manager Dan Wagner and Development Project Manager of KDC, Kelsey Mitchell.

Mr. Voelker addressed the recent accomplishments and acquisitions for the city, including the extension of the nature trails at Renner and Plano roads. Don Wagner shared information about the November bond election and its importance to the continued development of Richardson. He encouraged everyone to come out and vote on November 3. Flyers about each charter and bond item will be mailed to all residents.

KDC representative, Kelsey Mitchell discussed the time-line for the continued development of the City Line property. She stated that the development was still three to four years from total completion. KDC is committed to developing a multi-use development for the use of companies and the surrounding neighborhoods.

Each resident was given a folder of information, including 2014-2015 committee reports, current city information and information about the November bond election. A Q & A session followed the presentations.

The meeting also included the election of officers. The current slate of officers were re-elected for the 2015-2016 year.

President	Terry Ziegler
Vice- President	Bill Kinder
Treasurer	Sharol Clark
Secretary	Dot Pitts

CPNA held a membership drive during the month of August. Anyone paying their dues prior to August 31st was eligible for the drawing for four wonderful prizes. At the annual meeting, the following four residents were selected for each of the prizes: Bart and Ann Smith on Clear Springs Ct.; Stephen and Cynthia Bills on Acacia St.; Nell McMahon on Bluebonnet Dr.; Laly Thao and Dia Vang on Blackberry Dr.

## Committee Directors

### Membership & Promotions:

Nancy Hatate  
nancyhat@att.net

### Social & Publications:

Rockie Marvel  
rockiemarvel@gmail.com

### Civic & Environmental:

Chuck Johnson  
jbjnona@aol.com

### Neighborhood Safety:

Terry Ziegler  
terryziegler@zieglers.com

### THE BEAUTIFUL NEW SIGNS IDENTIFYING OUR NEIGHBORHOOD





## SAFETY TIPS



Fall is a good time to check out your home security. The days are getting shorter and we have Halloween, Thanksgiving and Christmas fast approaching and all these give criminals opportunities to cause you problems.

Check the following items around your house.

- Your home's perimeter--too risky, or too easy?
- Are your house numbers readily visible from the street and rear alley (if applicable), properly painted on the curb, or applied to a curbside mailbox to help emergency responders locate your home?
- Shrubs and trees should be pruned away from sidewalks, driveways, porches, doors, windows, and gates to eliminate hiding places.
- Bushes under windows should be pruned below the sills. Tall bushes should be pruned from the ground up to expose feet and legs.
- Tree limbs and branches should be pruned upward at least six feet to open a clear field of view both onto and out from the property.
- Lighting should be directed to cover the front, rear, and sides of the house, such as motion-sensored twin spots, that are vandal-resistant and mounted under the roof eaves.
- The best fence is one you can see through. Privacy fences provide privacy for residents AND burglars. Gapping wooden slats enhances visibility. Place horizontal rails on the inside, not the outside (creating a ladder). Lock fence gates when feasible.

Be proactive and do not be a victim. One of the best ways to "harden the target" is to leave on a light in the alley. Lights are one of the best ways to prevent crime. If your driveway is lit the criminals will go to the next driveway that is dark with a car parked in it. If everyone in Crowley Park lit their driveway the criminals would probably go somewhere else.

If you want to be more involved in crime prevention please join the Crowley Park Neighborhood Crime Watch Patrol. For more details contact Terry Ziegler 972-238-7254



## EIGHT FALL LANDSCAPING TIPS

**1. TIDY UP** - Start by cutting brush away from areas that are not normally mowed. Remove dying branches from shrubs and trees, dead annuals, heavy leaf cover, and any snails and slugs that may feed on them. Trim perennial foliage down to the ground. Now you won't have to look at dead landscaping all winter.

**2. MULCH** - Mulching can help protect roots from frost and help them retain their moisture throughout winter. Spread out 2-3" of mulch around shrubs and trees after the first light frost. Make sure to use hardwood shredded mulch from a reliable source as opposed to free mulch from municipal piles, which may be made of diseased trees that can contain disease spores.

**3. Aerate the Lawn** - The fall is a great time to aerate and help rejuvenate your lawn as there is minimal weed pressure, cooler temperatures and increased moisture. Rainfall may leave puddles on the grass, compressing the soil, and possibly depriving the roots of water and much needed nutrients. Grab your garden fork for smaller lawns, or a walk-behind aerator for larger lawns that can pull out 2½-to 3-inch-deep soil plugs. Your lawn will thank you come spring.

**4. Feed Your Grass** - During the fall, grass growth slows down but the grass roots keep growing until the ground gets down to around 40 degrees. Properly feeding your lawn a high-phosphorus (12-25-12) mix in the fall helps keep roots healthy and protects the grass from the colder winter months. This will help your grass to come up earlier and greener in the springtime.

**5. Pick up Leaves** - Leaves that are left on the grass can get packed down and smother it. You can rake fallen leaves onto a plastic tarp or blow them onto it using a walk-behind leaf blower. This will make the leaves easier to transport for removal or to a compost bin.

**6. Plant Something New** - Fall is the best time to start thinking about the colorful flowers that will bloom in the spring. Any nursery can help you choose the best bulbs to plant now while the ground is still soft. Make sure to follow the grower's directions and plant the bulbs low enough in the ground so they don't freeze. If you prefer to plant shrubs, you can do this early in the fall to give them a head start on establishing roots when the season is cool and the soil moist.

**7. Turn Off Water Systems** - Your irrigation system most likely contains water leading into the fall months, so any water still in your system over the winter can freeze and possibly crack the system. To help prevent this, simply shut the water off, unscrew the tap-joint adapter and use an air hose connected to a compressor on a high-volume, low-pressure setting and blow the water out. This beats having to replace the entire system when spring comes.

**8. Don't Neglect Your Garden Tools** - We've touched on your lawn, but what about your garden tools? Don't just throw them in your shed or garage and forget about them, take care of them so they are ready for spring. Make sure that all your tools are in working order and cleaned before you put them away. Any soil or moisture or other debris left on them, could make them unusable for upcoming seasons.

Source: Grainger.com

## PEANUT BUTTER BAKED OATMEAL

Preparation Time: 10 minutes  
Total time: 30 minutes  
6-8 servings

### Ingredients:

3 cups quick cooking oats  
(I use gluten free quick oats)  
1/2 cup brown sugar  
1 cup milk  
2 tablespoons butter, melted  
2 eggs  
2 teaspoons baking powder  
3/4 teaspoon salt  
2 teaspoons vanilla  
1/2 cup peanut butter

### Instructions:

1. Preheat oven to 350 degrees.
2. In a bowl mix together all ingredients until well combined.
3. Great a 9x13 pan and spread mixture into pan.
4. Bake for 20-25 minutes. If you like it a little more firm and crunch cook for a few minutes longer.
5. Serve with warm milk over top.

*A simple and delicious breakfast treat. Large batch can be made and frozen in serving sizes, great for hurried school mornings. From moneysavingmom.com*

## NACHO PIE

Preparation Time: 10 minutes  
Total time: 30 minutes  
6-8 servings

### Ingredients:

4 cups nacho-flavor tortilla chips, crushed.  
1 pound ground beef  
1/2 cup chopped onion (optional)  
salt and pepper to taste  
1 (15.5 ounce) can chili beans  
1 (8 ounce) can tomato sauce  
1 cup shredded Mexican cheese blend

### Instructions:

Preheat oven to 375 degrees. Grease a 9 inch pie plate. Spread crushed tortilla chips in the bottom of the prepared pie plate. Cook ground beef and onion in a large skillet over medium-high heat until meat is well browned. Drain fat. Season with salt and pepper. Spoon mixture over chips. Top meat with chili beans, tomato sauce, and cheese. Bake pie, uncovered, until filling is hot and the cheese is melted, about 15-17 min. (You could substitute and/or add plain tortilla chips, black beans, chopped red/yellow peppers, jalapenos, salsa, and other spices.)

## “A WALK IN THE WOODS”

We are fortunate in this country to have many national parks, state parks, and wildlife refuges where visitors can experience nature and its wild inhabitants. Yellowstone is one of our most popular parks known for its natural beauty and wildlife such as Grizzly Bears, Wolves, Bald Eagles, Elk, and Moose. But less well-known parks and refuges also contain natural treasures such as Lost Maples State Park in Texas with its Green Kingfishers and Indigo Buntings, the Platte River of Nebraska with its annual dance of the Sandhill Cranes, and Seney National Wildlife Refuge in Michigan with its elegant, romantic Trumpeter Swans. There also are places in other countries where exotic and unusual wildlife can be viewed, such as the rainforests of northern Australia, the Okavango Delta of Botswana, and the Serengeti of Tanzania.

I have been able to visit some, but not all, of those places, and I can relive those visits through my photographs. However, it is not necessary to be a National Geographic photographer, which I certainly am not, to return with good photographs of wildlife in the places we visit. It also is not necessary to travel far to find interesting and photogenic wild subjects. Many can be found in our back yards, in our local parks, and in our neighborhood green spaces. All that is required is a willingness to go outside with a camera, even a modest one, learn about the wild creatures that inhabit those spaces, when and where they might be found, and to experiment with the basics of exposure, aperture, and composition. The wildlife I have been able to photograph within walking distance of my house in the Crowley Park neighborhood of East Richardson include an extremely rare gynandromorph cardinal (one of my photographs of this bird was used as a clue in the Jeopardy! TV game show); Barred and Great Horned Owls; Red-shouldered, Red-tailed, and Coopers Hawks (adults, their nests and chicks); American Kestrels; Snowy and Great White Egrets; Green, Little Blue, and Great Blue Herons; Red-bellied, Red-Headed, and Northern Flicker Woodpeckers; Bobcats and Coyotes.

My trips to nearby White Rock Lake and Breckinridge Park have given me the opportunity to photograph magnificent White Pelicans, Barred and Great Horned Owls, Baltimore Orioles, Scissor-tailed Flycatchers, Bobcats, Coyotes, and numerous migrant waterfowl. The experience and skills I have gained while photographing these local subjects have given me the confidence to photograph wildlife in distant places. One such place is the Daintree River in Queensland, Australia which I visited this summer and was able to photograph the hummingbird-sized Little Kingfisher, its slightly larger and spectacularly colored cousin, the Azure Kingfisher, and the very unusual Papuan Frogmouth.

Hiking in the natural world is its own reward and any good photographs I get are a bonus. Sometimes the best bonuses come as a complete surprise. One of my favorite photographic experiences occurred while visiting my son in Washington, D.C. during Christmas break. I had seen on ebird.org that a pair of Bald Eagles was spotted in East Potomac Park. This park is located on an island in the Potomac directly across from Reagan National Airport. The Jefferson Memorial sits on the north end of the island and the opposite end has the park and a golf course. I went there just after sunrise the next morning and found the eagles atop the highest tree in the park. Unfortunately the sky was covered in clouds about the same shade as the eagles' white heads, which gave a very poor background. But as I was photographing the eagles I noticed movement in a fairway next to their location that turned out to be a Red Fox stretching and yawning in the early morning frost. The next morning promised to have clear skies so I returned again just after sunrise. The eagles were in the same tree and this time I was able to get good shots with a bright blue sky as background. Just before leaving I turned to get a better shooting angle to the eagles and there was the fox watching me from behind a mound of frost-covered mulch. He let me take a few shots of him before trotting off, so not only did I return with nice Bald Eagle photographs, I also got shots of that beautiful, curious fox face. What made this morning even more special was that all of this happened within one mile of the Jefferson Memorial!

There is great beauty to be found all around us if we take the time to go out and look for it. I especially encourage parents to go out into the natural world with your children to explore with cameras – no selfies allowed – and record that beauty for yourselves.

*Larry Ammann is a professor of Statistics at the University of Texas at Dallas. When he is not teaching and developing new methods for data analytics, he often can be found walking trails in the area with his camera. He leads nature photography walks as part of the Richardson Parks and Recreation Urban Naturalist program. His art and photographs can be seen on his web site: <http://www.remotesensingart.com>*



# CRIME PREVENTION TIPS FROM RICHARDSON POLICE

By Adam Perry

Throughout the nation property crimes rank as the highest number of reports law enforcement officers take. These types of crimes include home and car burglaries, stolen property and other non-violent type thefts. Yet despite the billions of lost dollars each year due to theft, few people take the necessary precautions to avoid becoming victim to theft or burglary. I would argue that to some victims the reason they were targeted varies from being distracted, inattention to one's surroundings, or just refusing to accept vulnerability in and around your home.

The first step in limiting the likelihood of becoming a victim is to acknowledge that crime is pervasive and not limited to just lower socioeconomic neighborhoods. We've all seen the sign reminding us to "Take, Lock, and Hide" (or Take, Lock, Secure) our valuables but all too often those words fall of deaf ears. Yet this simple concept is by far the best and most effective crime prevention strategy available to prevent car burglaries. In the City of Richardson the vast majority of vehicle burglaries occur because the driver failed to lock his or her doors. Burglars know they can walk through a parking lot, along an alley or down a street pulling on door handles until they find an unlocked door. Once inside, the burglar will take anything of value to him or her. If, however, your car door is locked but you leave something of significant value, like a GPS or laptop bag, purse or wallet in plain view, some burglars will chance apprehension and break out the glass to gain access into the vehicle. This takes only seconds to accomplish. So, as the adage goes: TAKE your valuables out of your car, LOCK your doors and SECURE/HIDE what you

can't take. By adhering to these three simple rules you can remove the opportunity for a crime to take place.

Statistically, the majority of homes are burglarized during the daytime while the homeowner is away at work. Having adequate door locks on all exterior doors as well as secondary locks on the windows can make a huge difference for home security. Landscaping and lighting techniques can also play a pivotal part in home security as well as surveillance cameras and alarm systems. The rule of thumb is to target harden your home by adding a "layering effect" to crime prevention strategies. Start with your landscaping and lighting then consider your doors and windows. Lastly, ensure your valuables are properly documented both by photographing them and recording the Make, Model and Serial Numbers. Remember, if you can easily defeat your security settings, so can a criminal.

For more information, or if you would like to have a Crime Prevention Officer conduct a FREE home security assessment, please call the Crime Prevention Unit at 972-744-4955.



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## FOUR WAYS TO TOSS THINGS WITH NO REGRETS

Clutter is an insidious housemate, threatening to take over your space from the closets to the countertops. No matter how much you say you want clutter gone, it may feel impossible to make a dent in it. Clients regularly approach me asking for tips and strategies to help them declutter. If you feel like you just cannot get rid of it, here are some of my favorite tips for winning the war once and for all:

- **Start with what most bothers you.**

When you decide to attack clutter in your home, do not try to do everything at once. Start with the pile, area, or room that causes you the most stress—usually an eyesore that you have to look at daily. You will get the most relief from getting rid of that and feel deep satisfaction to motivate further decluttering.

- **Identify and change the root of the clutter.**

Consciously change the habit that perpetuates the problem. For example, I used to accumulate my recycling in a closet. After finally clearing it out, I started bringing it outside every day when I took my dog for her morning walk. Now it goes directly into the container from which the city collects it. Identify your behavior habits and modify them to help prevent clutter.

- **Fight for your surfaces.** Keep surface areas clear and do not let piles form. Piles are the enemy of sanity and clarity. When you have an item in your hand, store it where it belongs immediately. If you must make a pile, categorize by similar items and store it somewhere out of sight to avoid stress. I have a basket I keep stashed in a cupboard for receipts to sort later.

- **Give lots and lots of stuff away.** “But what if I need it someday?” This is a common decluttering obstacle. To get clarity on whether or not to hold on to something, ask yourself, “If I saw this in a store today, would I buy it?” If not, get rid of it. Perhaps you have a wedding dress you cling to for sentimental reasons. I donated mine to a charity that provides clothing for women who struggle financially. I felt better about letting that big puffy, space-stealing garment go to a good cause.

From *Psychology Today*, by Dr. Susan Biall, M.D.  
Contributed by Dott Pitts

## DON'T WAIT. COMMUNICATE. MAKE YOUR EMERGENCY PLAN TODAY!

Talk to your family, colleagues, and neighbors about how you can work together and test your plan to safely reunite your loved ones during an emergency.

- Create a contact list for those you may need to reach during an emergency.
- Establish alternate methods of communication like checking in using social media and texts.
- Local phone lines will be needed for 911 emergency calls for help so have an out of state or area contact so loved ones know who to call.

Your family may not be together when a disaster strikes so it is important to plan in advance:

How you will get to a safe place? How you will get back together? What will you do in different situations?

Ready.gov has made it simple for you to make a family emergency plan. Visit [www.cor.net/em](http://www.cor.net/em) and click on the Make a Plan page to download the Family Communication Plan for Parents and Kids (PDF). Fill out the sections then print or email it to your family and friends. Remember to capture important numbers you would need in an emergency like medical insurance and homeowner's policy numbers. Do NOT rely on cell phone contacts alone. Keep your plans in a safe place in printed and electronic formats.

Your planning and supplies could be the difference between remaining in your home or needing to seek shelter. We experience the threat of tornados and winter weather every year; Let's Get Ready Richardson! Resources, sample plans, and registration links are available online at [www.cor.net/em](http://www.cor.net/em) or for more information call 972-744-0900.





## COMPOSTING 101

By Lee Knox

According to statistics compiled by Duke University and Texas A&M University, the average person in the United States produces 4.3 lbs of garbage a day. That puts the average family of four producing over 6,200 lbs of garbage a year. That's about twice the weight of a fully loaded Ford Focus every single year. There are many ways one can help change this sad reality.

The three R's of the environment are reduce, reuse, and recycle. We all know about reducing your output and recycling your paper, glass, and metals, but what about reusing? Composting your waste is a way to reuse your food and lawn waste. And better yet, it's also a great way to feed your garden and lawn. Here's how you can go about making your first compost pile for your house.

You probably already have a rough idea of what compost is. Home Depot and Calloways sell bags of compost and also the runoff known as "compost juice" for a pretty penny. It's basically plant and food matter decomposed back into a nutrient rich soil. It's a protein shake for plants and they can't get enough of it. But, you don't have to go to the store for compost. You've got all of your ingredients right there with you at home.

To start your pile, you'll first need a place for the compost to go. You can either start a pile out in the open without a container, but that is not recommended for a suburban backyard. My wife and I opted for a large plastic bin made to hold compost with drainage holes underneath and on top and a flap on the bottom to collect your final compost. There are also large plastic barrels you can buy to hold your compost. You have as many options to hold your compost as you can think of. The only caveat is that it cannot be wood, as the compost will try to eat the wood to decompose this as well. But, the most important ingredients are what you put inside them to make your compost.



The three ingredients for compost are "browns," "greens," and water. Browns are leaves, grass clippings, dried out weeds, and other plant matter that are easily accessible living in Crowley Park. Greens are your food scraps. There include breads, vegetables, and fruits. The only items you never put in your compost,

as greens, are cheeses, meats, and oils. These will eventually attract rodents, which no one wants in their backyard. A couple gallons of water are used in between each layer of these in your compost.

Greens and browns go into your compost pile on a 1 green to 2 browns ratio. Getting leaves and grass clippings into a trash bag to keep in your garage until you have enough greens is the easy part. Saving your greens is a little trickier. For our house, we keep a 5-gallon bucket (with a tight lid) under our kitchen sink. We then deposit all of our vegetable scraps, moldy bread, and soggy fruits into

continued on page 10

## WELCOME COMMITTEE PROGRAM

HAVE YOU RECEIVED YOUR WELCOME BOOK?

*Welcome to  
Crowley Park  
Neighborhood*



CPNA's "Welcome Committee" was formed for the purpose of welcoming new residents into Crowley Park. Welcome Books are filled with information about Crowley Park and the City of Richardson. These books were compiled by the committee and are being distributed to new residents monthly.

As of August 31, there have been 27 new residents in Crowley Park. If you have not received your Welcome Book, FREE blue recyclable bags and Goodie Bag please contact Glenda Jenkins at [dlgljenkins@aol.com](mailto:dlgljenkins@aol.com).

To date the Welcome Committee has delivered books, blue bags and goodie bag to most of the new residents.

Please join us in welcoming our latest new members to our wonderful neighborhood:

**TJ & Baird Jackson on Honeysuckle Dr**

**Ryan Davies on Buttercup Dr**

**Paul & Misty Black on Tulip Dr**

**Lina Al-Dahhan & Fahed Alwabk on Mum Dr**

**Ellen & Tom Dittman on Morning Glory Dr**

**Scott Honn & Stacy Shaffer on Golden Willow Ln**

**Ahmed Kamal & Mayada Elshaer on Daffodil Dr**

**Matthew & Julia Wade on Blackberry Dr**

**Emily & J.R. Fletcher on Mum Dr**

**Curtis & Bonnie Thomas on Buttercup Dr**

**WELCOME HOME!**

## MEMBERSHIP BENEFITS

Dear Neighbors:

We are fortunate to be in our 6<sup>th</sup> year as a fully-functioning Crowley Park Neighborhood Association (CPNA). To clarify, CPNA is voluntary and NOT a homeowners association.

*"CPNA is a **voluntary** group that strives to develop the lines of communication with the city, promote a safe, clean and attractive community, and bring residents together to preserve and enhance the livability and value of our neighborhood."*

CPNA is open to home owners and tenants alike, **BUT, we need your support! We want to continue to be "your voice" and offer these great benefits and services.** Please be a part of the Crowley Park community by contributing your dues and volunteering your time and talents.

**Membership dues are only \$25 per year, per household, and provide & facilitate the following valuable services:**

- Crime Watch Patrol — by trained neighborhood volunteers
- Beautification & Civic Projects  
(as approved by the City and budgetary constraints)
  - ~ Crowley Park "Trash Bash"
  - ~ Entry landscaping and maintenance
  - ~ Sign Toppers
  - ~ Flag Program through Rotary Club  
(\$40 per household, per year to participate)
  - ~ Clean & paint perimeter wall @ Jupiter & Renner
  - ~ Various ongoing community projects
- Special Events
  - ~ Food Drive
  - ~ Ice Cream Social
  - ~ Spring Fling Mixer (March)
  - ~ Annual Meeting (September)
  - ~ National Night Out (October)
  - ~ Fall Festival (October)
  - ~ With your support . . . *many more!*
- Representation at City of Richardson meetings and coordination of matching projects.
- Interaction with Richardson Police and Fire Departments.
- CPNA Neighborhood News newsletter, distributed quarterly.
- Neighborhood Website ([www.CrowleyPark.com](http://www.CrowleyPark.com))
- CPNA Social Networking Site limited to residents only: (<https://crowleypark.nextdoor.com>)

***Please complete your Membership Form today. Thanks in advance for your support!***

## MEMBERSHIP DRIVE

By Dot Pitts

The 2015-2016 CPNA membership drive was conducted during the month of August. Everyone renewing memberships during the month was entered into a drawing for prizes at the annual meeting on September 29th. There were 165 families who paid membership dues of \$25 per household during this period.

The purpose for this August membership drive was to avoid the lines at the annual meeting in September. Thanks to everyone who participated in this membership drive.



### CPNA MEMBERSHIP

Crowley Park Neighborhood Association is a voluntary association for all designated Crowley Park area residents. Dues are \$25 per year which provide costs for various events throughout the year, newsletters, an annual meeting and more. This membership supports the neighborhood as noted on the Membership Benefits section (to the left) so we can continue to bring our community together and GROW!

### NEXTDOOR

NextDoor is an online forum for the neighborhood. It is a way for you and your neighbors to talk online and build a safe and informed community. It is free to sign up for everyone in the neighborhood. It includes alerts for safety, recommendations, announcements, classifieds, a directory, and community chat. *Note: Please keep in mind that joining Nextdoor is NOT the same as the CPNA membership.*

### CPNA ON FACEBOOK

Facebook is an online social network intended to connect friends, family, and business associates. You can sign up free with an email address. "Like" our page, which can be found as "CPNA-Richardson, TX."

### CROWLEYPARK.COM

The CPNA website is another resource with information including news announcements, newsletter archive, Board of Directors, bylaws, photos, membership and more. Visit [www.crowleypark.com](http://www.crowleypark.com) for details!

If you have any questions about your membership, would like more information, or inquire about the website, please contact Nancy Hatate at [nancyhat@att.net](mailto:nancyhat@att.net).



## MEMBERSHIP APPLICATION

**Annual Dues for October 1, 2015 - September 30, 2016**

**Application Date** \_\_\_\_\_

**First Name** \_\_\_\_\_ **Last Name** \_\_\_\_\_

**Other Adults** \_\_\_\_\_

**House Address** \_\_\_\_\_

**Phone (** \_\_\_\_\_ **)** \_\_\_\_\_

**Email** \_\_\_\_\_

*For communicating events, meetings, and alerts*

**Payment (\$25/household)** ☐ CASH ☐ CHECK # \_\_\_\_\_

*Payable to CPNA, mail with completed form to: CPNA, P.O. Box 830114, Richardson, TX 75083*

**We need your support by volunteering** *(check all that applies):*

- |                                                                   |                                                                        |
|-------------------------------------------------------------------|------------------------------------------------------------------------|
| <input type="checkbox"/> Neighborhood Safety (Crime Watch Patrol) | <input type="checkbox"/> Social Events**                               |
| <input type="checkbox"/> Flyer/Newsletter Distribution            | <input type="checkbox"/> Newsletter Contributor                        |
| <input type="checkbox"/> Welcome Committee                        | <input type="checkbox"/> Trash Bash (Crowley Park cleanup in February) |
| <input type="checkbox"/> Other Suggestions _____                  |                                                                        |

*\*\* Volunteer can sign up for one or multiple events, such as the Spring Fling (March), Ice Cream Social (June), Fall Festival (October), Annual Meeting (September, etc.*

**For more info, visit [crowleypark.com](http://crowleypark.com), contact Nancy at [nancyhat@att.net](mailto:nancyhat@att.net) or Glenda at (972) 680-0885**

## THANKS FOR YOUR SUPPORT!

*~ Crowley Park Neighborhood Association ~*

*The Crowley Park Neighborhood Association (CPNA) is a voluntary group that strives to develop lines of communication with the city, promote a safe, clean and attractive community, and bring residents together to preserve and enhance the livability and value of our neighborhood*

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## COMPOSTING 101

continued from page 7

this bucket after every meal or when we clean out our fridge. And slowly, but surely, our household of 2 people fill this bucket with enough greens to add to ~10 gallons of browns to make out compost.

When you've finally collected enough greens and browns to go into your compost bin, put the greens down in the bin, put a gallon or two of water on top of it, cover the greens with the browns, and pour another gallon or two of water on top. This will help begin the decomposing process. Every 3-5 days, turn the pile with a pitchfork and add more water to it. Turning the compost pile will not only help nurture the decomposing, but it will also help keep ants and other harmful insects out of the bin. Using this process, you should have a harvest of compost in less than two months.

Composting is a lot like gardening. You will discover lessons and tips as you learn the process. Don't be discouraged if it takes a little longer to get your compost or if the Texas summer dries out your pile every day or two. I promise you that with time, this process will eventually give you bountiful compost for your yard and garden.

If you would like to know more about composting, there are classes at the Texas A&M Extension Office in Dallas available to the general public. Local gardening stores are also very knowledgeable about composting and are more than happy to talk about it with you.



## SURPRISING BENEFITS OF VOLUNTEERING

The power of volunteering has been documented for the last 2,500+ years; however, a slew of recent research is shedding even more light onto its surprising benefits. Science now proves what great leaders and philosophers have known for years:

"Once of the great ironies of life is this: He or she who serves almost always benefits more than he or she who is served"- Gordon Hinckle

Here are five surprising benefits of volunteering:

Volunteering time makes you feel like you have more time. Wharton professor Cassie Mogilner wrote in the Harvard Business Review that her research found those who volunteer their time feel like they have more of it. This is similar to other research showing that people who donate to charity feel wealthier.

Said Mogilner: "The results show that giving your time to others can make you feel more 'time affluent' and less time-constrained than wasting your time, spending it on yourself, or even getting a windfall of free time."

Volunteering your skills helps you develop new skills. In my experience, skills-based volunteering is an excellent opportunity to develop talents to help you get ahead in your career. In fact, an article in Stanford Social Innovation Review called skills-based volunteering overseas "the next executive training ground."

Volunteering your body helps you have a healthier body. A Corporation for National & Community Service report noted: "Research demonstrates that volunteering leads to better health... those who volunteer have lower mortality rates, greater functional ability, and lower rates of depression later in life than those who do not volunteer." The fact that volunteering has been proven to make you healthier is reason enough to engage in pro bono activities.

Volunteering your experiences helps build your experience. We consistently see this with highly skilled professionals like investment bankers and business consultants. Also, volunteering in a new industry will give you knowledge to help you switch fields. And if you want to move from the corporate world to the nonprofit sector, volunteering first can help prove your commitment. Beyond our own research, The New York Times, The Wall Street Journal, and Next Avenue have published articles about how volunteering can help you earn your next job.

As the Journal wrote: "According to the survey of 202 human-resource executives, skilled volunteer work- such as helping a nonprofit with its finances- makes job applicants look more appealing to hiring manager"

Volunteering your love makes you feel more love. Admittedly, love is a hard thing to measure. But when researchers at the London School of Economics examined the relationship between volunteering and measures of happiness, they found the more people volunteered, the happier they were. Volunteering builds empathy, strengthens social bonds and makes you smile- all factors that increase the feeling of love.

From NextAvenue.org  
Contributed by Mark Horoszowski





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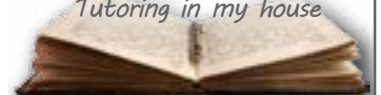
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# EARLY DAYS OF SPRING PARK NORTH AKA CROWLEY PARK NEIGHBORHOOD

By Phil Ziegelbaum

It was March 1982 and I was in Dallas for a house-hunting trip and my realtor took me to Spring Park North to see a home built by C.D. Danna. CD Danna was using this house as his office and it had a desk in the dining room, some building supplies in the garage and a coffee pot in the kitchen - hardly the lavish furnishings most model homes have today to entice buyers. My realtor kept smiling and I asked her what's up - she said "location, location, location". She was right. There was a big sign out on Jupiter advertising our neighborhood as "Custom" homes and "Country living in the City". There were no model homes like you see today and many builders built "spec" homes, which you could walk through but none were furnished like today's models. The builders took a lot of pride in their houses - I know CD Danna was great about taking care of anything that needed adjustments after I moved in. He was so trusting that I went home to NYC with a copy of the floor plans, keys to the house and I hadn't even been approved for my mortgage yet.

What made this neighborhood unique was that there were quite a few builders and each had several houses they were building. When they replicated a house plan, they would change things up like the windows, brick work, roof elevation or make a bigger or smaller rendition of that house. The land developer Clay Pearce hand-picked the builders for this development (Bill Skinner, Russ Adams, Wesley Bettick, Max Wieland, RW Harrison, Horace C. Wilson, James Keahey, CD Danna, Ralph Salyers, Ed Kohlhas, Doug Hodges and Clay's step-son and Dunn & Son). I heard the term "Cookie Cutter Custom" quite a few years back in relation to our area and I think that fits well. The homes are not true custom, but a blend of a lot of custom features.

Acacia was the north most street in the development in March and by the time I moved in early April, 1982,

they had put in the next major street (Blackberry). I was able to see the Plano water tower from my kitchen sink window. Homes did not come with sprinkler systems, shrubs or grass and everyone was putting in their yards and trees and selecting window treatments - it was a huge bonding experience for many of us original home owners. Saturdays you'd see all of us pulling weeds and helping each other out and comparing notes.

I used to walk my dog to the park and at night would hear cows and sheep along what has become Crowley Park (we heard they offered land to Plano to build a school and Plano turned that offer down saying they didn't need it). Everyone got to know me (I think more my cute puppy) and that's how the Acacia/Blackberry Crime Watch started in 1983. We had to pay for the Crime Watch signs (\$25 each) and a large percentage of the people agree to form a Crime Watch.

My trip to work south on Jupiter road was 4-way-stop signs the entire way along 2 lane farm roads (I believe the speed limit was 55mph). They did have the road between Lookout and Renner already paved like it is today, but once you got past that, it was farm roads.

Yes a lot has changed since 1982 !

